

# Family Caregivers Conference



**THURSDAY, AUGUST 17, 2017**

Noon - 5pm • Holiday Inn Executive Center • Columbia, MO

Caring for aging loved ones can be challenging. The Family Caregivers Conference is designed to help those who provide care for a loved one who is aging or frail.

Network with other caregivers, gain knowledge of community support, and learn tips for taking care of yourself as the caregiver.

- Topics:**
- Ten Tips for Communicating with a Person with Dementia
  - Ten Tips for Having a Conversation about Driving
  - Ten Tips for Organizing Medications
  - Levels of Care: Which is right for your loved one?
  - Understanding Medicare vs Medicaid
  - Residents' Rights
  - How to Take Care of Yourself as a Caregiver

**RESERVE YOUR SPOT TODAY!**

Register at [musomcme.com/caregiver](http://musomcme.com/caregiver). Registration fee is \$40\*

\* Fee includes handouts and refreshments.



Health Care

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**Presented by**

Caring for the Frail Elderly Conference

Interdisciplinary Center on Aging

University of Missouri Department of Family  
and Community Medicine

Central Missouri Area Agency on Aging

The Bluffs



Health Care



**UNIVERSITY OF MISSOURI**

Office of Continuing Education  
2401 Lemone Industrial Blvd., DC345.00  
Columbia, MO 65211

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